



The 9 Mile Gut Check

Brownstown Veterans of Foreign Wars Post # 9770

9-Mile Ruck March/Walk

Each participant/participant guardian must sign and return this form

This year we will be walking in remembrance of National POW/MIA Recognition Day!

Date: Saturday, September 19, 2015 RAIN OR SHINE!

Location: The 9-Mile March/Walk will begin at the American Legion Post 95 (321 South 7th Street, Vandalia, IL) parking lot and will end at the Brownstown VFW Post #9770 parking lot (520 Oak Street, Brownstown, IL).

Time: 7:00– 8:00 am registration (waivers will be signed at registration) 8:00 am Start

Registration: \$35 per individual (includes T shirt and Meal)

Please make checks payable to: Brownstown VFW Post # 9770

Please return Registration Form and payment to: Brownstown VFW Post #9770, P.O Box 27, Brownstown, IL 62471 or drop off at Fayette County Real Estate in Vandalia

FULL NAME: _____

ADRESS: _____

CITY: _____ **STATE:** _____ **ZIP CODE:** _____

AGE ON RACE DAY: _____

EMAIL ADDRESS: _____

T SHIRT SIZE: SMALL MEDUIM LARGE X LARGE

EMERGENCY CONTACT NAME: _____ **PHONE NUMBER:** _____